Utilizing ScreenU on your Campus

Cindy Clouner

Q&A: Your questions will be submitted to the staff and answered at the end of the webinar. Any questions we do not address during the webinar will be shared via email along with a recording of the webinar.

The audio is by default through your computer’s speakers. If you would like to call in, click “view audio options.”

Who We Are

The Ohio State University

Conrad N. Hilton Foundation

GenerationRx

Collegiate Recovery Community
Today’s Objectives:
• What is SBIRT?
• What is ScreenU?
• What is the student experience like?
• What is the staff experience like?
• How are campuses utilizing it?
SBIRT has been shown to reduce:

- Typical BAC and peak BAC
- Peak number of drinks per setting
- Average number of drinks/week
- Number of drunk episodes/week
- Overall reduction in substance misuse, including marijuana frequency

Challenges to In-Person SBIRT

- Requires training
- Can be time intensive
- Hard to implement on a large scale
Benefits of ScreenU

- Web-based, anonymous screening
- Brief
- Doesn’t require training to implement
- Connects students with vital resources
- Real-time reporting
- Customizable elements

How does it work?

Screening → Risk Level → Feedback → Motivational Interviewing → Resources

Welcome!
Congratulations!

Congratulations on your recovery! We want you to know that your recovery is supported and valued at this institution. We want to help you be successful in your academic and personal recovery. There are a number of resources available to support you in your recovery. We encourage you to explore all of them to build a strong network of support for you on campus.

- College Recovery Community
- College Student-Directed Recovery Support Meetings
- Community Counseling Services
- Student Life Counseling and Consultation Services
- Student Life Student Wellness Center

We encourage you to reach out to the recovery allies on your campus. Below is the name of a recovery ally who can help you get connected to recovery resources both on and off campus.

- [Name of ally]

Great Job!

Great! Your answers indicate that you do not use marijuana or other controlled products. By doing so, you avoid the potential risks and challenges that come with using drugs, and you are among the majority of college students who do not use marijuana. We encourage you to continue your positive behavior.

- If you have friends that use marijuana, encourage them to reduce their risk of experiencing negative consequences by following the guidelines below:
  - Use a designated driver. Driving under the influence of marijuana makes driving your car or other vehicle as dangerous as driving under the influence of alcohol.
  - Drink alcohol with caution. Marijuana lowers the effects of alcohol, increasing the risk of accidents. This is especially dangerous when drinking and driving.
  - Avoid morning use. Marijuana can cause dry mouth, which can affect your ability to speak. It may also cause sleep problems and impair concentration.
  - Avoid mixing marijuana with alcohol or other drugs, including prescription drugs.

If you are concerned about a friend's drug use, you can contact the counseling center.
Where are campuses using ScreenU?

- Student Health Services
- Student Wellness
- Academic Advisors
- Outreach events
- Fraternity and Sorority Life
- Residence Life
- Student Conduct
- Athletics
- Counseling Centers

In Clinical Settings:

- In Waiting Room
- Uses community tablet or student's device
- Risk level can be self-disclosed or provided by email
In Conduct Settings

- Used to “triage” students
- Done in advance of meeting with conduct officer
- Screening links may be included in letter or sent through identified student email
- Conduct officers can use resource page to determine risk levels and make recommendations

With Athletics

- Gain athletic department and coach buy-in
- Initial email with screening link came from athletic department
- Coach sent a follow-up reinforcing importance
- 100% completion rate among screened teams

A Tool in the Toolbox

- Academic Advisors
- Residence Life Staff
- Fraternity and Sorority Staff
- Available on class syllabi
- Website links
- Used on promotional items
Next steps

- Visit www.screenu.org
- Sign up for a 7-day demo
- Gather key stakeholders on campus
- Audit the resources on your campus to ensure they are adequate
- 1-on-1 demo for all 3 programs

**go.osu.edu/screenudemo**

Each annual membership to the Higher Education Center provides unlimited access to ScreenU Alcohol, Rx and Marijuana. The cost includes all implementation, training, technical assistance and quality assurance materials.

Additional HECAOD Membership Benefits:
- Member Listserv
- Members only web portal
- Cannabis Learning Collaborative
- 12 webinars
- Recovery Ally Training (coming soon!)
- Technical Assistance

Membership Rate: $2,500

Save the Date

Ask the Expert!
Wednesday, May 31 at 2:00 p.m. EST
Connect with HECAOD!

Follow us for the latest research and news, information on upcoming events and training resources to support your campus.

WEB: hecaod.osu.edu | EMAIL: hecaod@osu.edu | PHONE: 614-292-5572

Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery