Implementation of a Collaborative Model for Opioid Overdose Prevention on Campus

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Higher Education Center
for Alcohol and Drug Misuse Prevention and Recovery
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Q&A: Your questions will be submitted to the staff and answered at the end of the webinar. Any questions we do not address during the webinar will be shared via email along with a recording of the webinar.

Asking Questions

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Learning Objectives
- Recognize the risk for overdose death among college students
- Discuss the role of naloxone in overdose prevention efforts
- Describe the proactive overdose prevention model at UT Austin
- Plan for implementation of a proactive overdose prevention model
Which drugs are opioids?

**Opioids**
- Heroin
- Morphine
- Codeine
- Hydrocodone
- Oxycodone
- Fentanyl

**NOT Opioids**
- Cocaine
- Methamphetamine
- Cannabis
- K2 / Spice
- LSD / Acid
- Ketamine

The number who die each year from...

- Drug overdoses: 52,404
- Car accidents: 57,757
- Guns: 35,763
- H.I.V.: 6,460

Reference:
http://nyti.ms/2oMFxCj
What should you do if you encounter an opioid overdose?


Naloxone has a higher affinity to the opioid receptors than opioids like heroin or oxycodone, so it knocks other opioids off the receptors for 30-60 minutes. This reverses the overdose and allows the person to breathe.
Naloxone for Laypersons

Naloxone Access Laws
Enacted by all 50 U.S. states + D.C.
Allow laypersons to possess, distribute, and administer naloxone
Provide broad liability protections

Resources for academic institutions, community organizations, & healthcare providers
Continuing education regarding harm reduction for pharmacists, prescribers, & social workers
Background & Significance

• Between 1993-2005, the percentage of college students using & misusing prescription drugs increased exponentially. It continues to rise.
• Use of opioids increased 343% (Clinton Health Matters Initiative, 2014).
• 56% of college students are offered a prescription drug for non-medical use by their sophomore year (Arria, 2008).
• Problem most prevalent among highly selective, urban colleges.
• In surveys, college students who took an opioid for reasons other than for pain relief had a much greater risk (~5x) of experiencing three or more drug-use related problems (McCabe et al, 2008).

College-Aged Risk Factors

Persons aged 18-25 are more likely than any other age group to have:
• …misused an Rx drug in the past year
• …used any illicit drug in the past month
• …used heroin in the past month


Interdisciplinary Team

The Associate Vice President for Student Affairs created a Task Force:
- UT Wellness Network
- UT Social Work
- UT Pharmacy
- UT Center for Students in Recovery
- UT Students for Sensitive Drug Policy
- UT Police Department
- UT Housing & Food Services
- Texas Overdose Naloxone Initiative
- Texas Harm Reduction Coalitions
Accessing Naloxone

- Donations secured from community harm reduction organization via manufacturers
- Free NARCAN Nasal Spray available for U.S. colleges and universities

PharmD Service Learning

Every PharmD student since 2016 has been trained to lead educational outreach events
Recently expanded to include MSW and MD students
Key Findings @ UT Austin

• At least 5 lives were saved in the first two years of the student-led service learning program!!!
• Service learning participation increased knowledge and promoted positive attitudes regarding harm reduction
• Naloxone doses stocked in the residence halls and distributed to campus police have not yet been used


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Open trainings with free naloxone distribution to students, faculty, and staff should be the top priority for campuses when establishing a proactive model for overdose prevention.
Save The Date

Harm Reduction Learning Collaborative

Webinars that provide prevention, intervention, and recovery focused education and training.

Stay Tuned for more details regarding our Fall Harm Reduction Learning Collaborative

Learning collaboratives are a series of web-based trainings on a specific topic. Each series is available for $100 and provides institutional access to live webinars during the current session and archived recordings to all completed webinars. Gain free access to learning collaboratives by purchasing an individual or campus membership.

2020 National Meeting

Higher Education Center
For Alcohol and Drug Misuse Prevention and Recovery

Mark Your Calendars!
Join Us August 3 - 6 for the 2020 National Meeting

Join us for the 2020 National Meeting, taking place at The Ohio State University’s Chen Union on August 3 - 6, 2020. Our new location will provide new opportunities for learning, networking, and collaboration, while maintaining the conference experience attendees love. Call for program, conference schedule, and hotel/food will be released in late 2019. Details about co-enrollment registration will be available in early 2020.

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