Erica Phillips Regan, PhD is an Associate Director in the Center for the Study of Student Life. She conducts and coordinates multi-institutional research projects, The Study on Collegiate Financial Wellness and the College Prescription Drug Study. She also works on assessments with Student Life departments. Erica has an MA in Sociology from Ohio State and BA in English Literature and Spanish from Denison University. She is currently completing a PhD in Sociology. Erica’s research interests include higher education, student finances, inequality and organizational studies, particularly in the nonprofit sector.

Rachel M. Alvarez (she/her/hers) is the Health Educator for alcohol, tobacco, and other drugs at Sacramento State. In addition to handling several policy and administrative duties related to substance use, she manages a team of student interns (Peer Health Educators). Under Rachel’s guidance, the students help plan and implement substance education around campus. This education includes classroom workshops, presentations for campus partners, interactive campus events, and social media.

Mandy Colbert, LMSW, MPH, has over 8 years of experience working in areas including, health promotion, youth development and education. Mandy's work centers around program development and evaluation, instilling cultural inclusivity into health interventions and aligning needs to program strategies. She currently serves as a Health Promotion Coordinator in the Longhorn Wellness Center at the University of Texas at Austin, where she develops, oversees and evaluates various campus public health initiatives aimed at improving the health and wellness of students, staff and faculty. Her focus areas include, sleep promotion, high risk drinking prevention, substance misuse prevention and student development. In her spare time, Mandy provides community mentoring and art lessons to area youth through the Little Artist, Big Artist program. She also enjoys traveling, napping and spending time in large bodies of water.

Janci Addison is a 4th year pharmacy student at the University of Texas at Austin. Janci pursued a career in pharmacy to promote safe, effective medication use and lower the stigma surrounding addiction. After her first year of pharmacy school, Janci interned at the Hazelden Betty Ford Clinic. It further fueled her passion to help advance primary and secondary prevention of substance misuse and addiction. As a third-year pharmacy student, Janci and 5 other pharmacy students partnered with the University of Texas Longhorn Wellness Center to explore substance misuse on campus. Janci hopes to continue to help the current pharmacy students explore campaigns to promote awareness of campus resources as well as encourage peers to discuss the potential negative consequences of nonmedical use.