Higher Education Center
for Alcohol and Drug Misuse Prevention and Recovery
Powered by The Ohio State University

Monitoring the Growth and Development of the Collegiate Recovery Field
Sierra Castedo de Martell, MPH
Tim Rabolt, MA
Board President, ARHE
Executive Director, ARHE

Asking Questions
The audio is by default through your computer’s speakers. If you would like to call in, click “Audio Setting”.
Q&A: Your questions will be submitted to the staff and answered at the end of the webinar. Any questions we do not address during the webinar will be shared via email along with the recording of the webinar.

Membership
Learn more at hecaod.au.edu
Monitoring the Growth and Development of the Collegiate Recovery Field

Sierra Castedo de Martell, MPH
Board President, ARHE

Tim Rabolt, MA
Executive Director, ARHE

Overview

LEARNING OBJECTIVES

- Describe the history of efforts to monitor the growth and development of the collegiate recovery field.
- Identify key functions of the current survey deployed.
- Describe the importance of having access to high-quality, organizational-level data.

PRESENTATION FLOW

- History and background
  - Past efforts
  - Concurrent efforts
- Why launch this survey?
- Survey content
- Survey completion strategy
Overview
But most importantly, we want answers to some of the most common questions that people ask about collegiate recovery.

1. History and Background
What work has already been done, and what is under way right now?

Historical
CRP students
College substance use landscape
CRPs as organizations
• Laudet et al 2015, 2016, NIH funded
• Texas Tech University-driven CRP database effort
• Many more published studies and unpublished theses and dissertations

• Surveillance of individual-level college student substance use and recovery (NSDUH, AlcoholEdu, NCHA, MTF, etc.)

• Biennial Review

• Transforming Youth Recovery’s 2017 census (released in 2018)
**Historical**

- Transforming Youth Recovery census work (until 2018)
  - Jones and Eisenhart 2016
- Laudet et al 2014
- And earlier multisite descriptions when there were many fewer CRPs

**Contemporary**

- Many great surveys of students at individual schools and across collections of schools at the student level (for example, Rams in Recovery survey used across VA schools)
- Multiple dissertations underway

Same as mentioned previously, except no Transforming Youth Recovery
2. Why launch this survey?
What are we hoping to answer with this current survey effort?

- Questions from the public
- Questions from specialists
- Questions that no one has thought to ask yet
Evaluate ARHE’s Activities

Monitor State of the Field

Are the programs and support we offer helpful?

Where are gaps?

Includes members & non-members alike

Monitor State of the Field

CRP characteristics and distribution

Professional development needs

COVID-19
Questions that haven’t been asked...

- Students looking for thesis and dissertation ideas
- Systemic inequities
- Researchers generating new questions
- Implementation science - adopting, implementing and sustaining programs
- Benchmarking nationally, regionally, and by campus characteristics
- Economic evaluation refinement

3. Survey Content
What can I expect when I take the survey?

PAUSE
Q&A before proceeding to survey content.
Survey Content Categories

**Campus characteristics**
Where, public/private, size, additional campus characteristics.

**COVID-19 impacts**
Infection rate, students, staff, the CRP, and broader campus context.

**ARHE evaluation**
Main benefits, priorities for the organization, perceptions of programs and activities, gaps.

**CRP – staffing and funding**
Number of total staff, student vs. professional staff, salaries and wages, budget, how CRP is funded.

**CRP – students and programming**
Number of participants, membership process, incentives, recruitment, scholarship, types of programming, recovery day training, dedicated housing.

**CRP – on- and off-campus supports**
Connections to and collaborations with other campus units and off-campus entities.

---

May be helpful to touch base with the person responsible for accounting or budget for your CRP.

May need a little reflection.
Taking the Survey

Review a PDF of the survey so you can plan ahead.

When you’re ready, take the survey.
Set aside about 1 hour (maybe less)
[bit.ly/ARHE_Survey]

Save your work and come back later.
Follow the link for FAQ.

Survey Review and Planning
• April – June 2020
  ARHE Board and Subject Matter Experts

Pilot Phase
• June 4–14, 2020
  Pilot Survey launched at 4 CRPs

Survey Launched
• June 26, 2020

Survey Closed
• October 1, 2020

Data Analysis and Dissemination
• October 2020 – January 2021
  Annual or Biannual

Survey Re-Deployed

Survey Timeline

Survey Outputs

De-identified dataset will be made available by request for future research.

Produce a report for stakeholders to use in advocacy efforts.

Share key areas of need with those who can help.

Seek peer-reviewed publication to augment evidence base.

Re-deploy survey to track changes over time and continue to report updates.

IRB #
HSC-SPH-20-0564
UTHealth School of Public Health Houston
Thank you!
Questions? Want to get involved?
Sierra.Castedo@collegiaterecovery.org

bit.ly/ARHE_Survey

Upcoming HECAOD Events

- HECAOD Virtual Watercooler Chat
  - January 12th at 2:00 p.m.
  - Register: https://go.osu.edu/hecwatercooler

- 2021 National Meeting – Stretch and Explore: Thinking Broadly to Support the Whole Student and Community
  - August 2-5, 2021
  - Registration Opens end of January
  - Call for Proposals Now Open:
    - go.osu.edu/NMproposals
    - Submission Deadline: Friday, January 29, 2021

Connect with HECAOD!
Follow us for the latest research and news, information on upcoming events and training resources to support your campus.

WEB: hecaod.osu.edu | EMAIL: hecaod@osu.edu | PHONE: 614-292-5572

Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery